

CHECKLIST

COVID-19 Preparedness and Prevention in Congregate Living Settings

07/08/2020

Who Should Use This Checklist

This checklist can be used by administrators and staff members in a range of congregate living settings (e.g., shelters, group homes, supportive housing). Although not specific for correctional facilities, some of the items on the checklist may be applicable to these settings. This checklist is not intended for use in long-term care facilities (a specific checklist exists for long-term care facilities).

When to Use This Checklist

This checklist can be used to help plan for, prevent and detect COVID-19 in congregate living settings. It is to be used in addition to - but does not replace - the advice, guidance, recommendations, directives or other direction of provincial Ministries and local public health unit. See the Ministry of Health's COVID-19 Guidance: Congregate Living for Vulnerable Populations. Additional resources are also available on Public Health Ontario's website.

If there is a case of COVID-19 in your facility or an outbreak may be occurring based on ill residents, staff and/or visitors, contact your local public health unit. If an outbreak may be occurring, or has been declared by the public health unit, refer to the Managing COVID-19 Outbreaks in Congregate Living Settings checklist.

How to Use This Checklist

When using the checklist, the status column can be marked as follows to indicate:

C = complete

IP = in progress

NA = not applicable

There is also a column for your notes, comments or observations.

Although in some congregate living settings the terms client or tenant may be used, throughout this document the term resident is used for consistency. It is important to note that the ideas suggested below may not be appropriate in every setting and may need to be adjusted for specific settings.

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Getting Prepared

1	Getting Prepared	Status C/IP/NA	Notes
1.1	Contact information Appropriate staff know how to contact key people such as: • Key individuals within the facility • Local public health unit • Health care providers for your facility • COVID-19 assessment centre. Resources and guidance documents Appropriate resources and guidance have been reviewed: Ministry of Health Public Health Ontario		
	□ Local public health unit Response leads and outbreak management team identified		
1.3	 A COVID-19 lead has been identified for planning and response. An infection prevention and control lead has been identified. Resources are available for this individual on Public Health Ontario's website. A planning and preparedness team has been identified that could include: the COVID-19 lead, administrators, managers, the environmental lead, the person responsible for infection prevention and control, health care staff (if applicable), communications and other appropriate staff members. Should an outbreak occur, this team can become the outbreak response team and should include the local public health unit. 		

1	Getting Prepared	Status C/IP/NA	Notes
	Accessing key services and supports A plan is in place to ensure residents have access to key services and supports if they cannot leave the facility during an outbreak of COVID-19, such as: Medical care		
1.4	 Routine medications (e.g., prescription medications, acetaminophen, ibuprofen) Mental health supports/counselling 		
	☐ Harm reduction supplies		
	 Addiction services and supports including for alcohol or drug use (including opioid agent treatment e.g., methadone, suboxone) 		
	☐ Nicotine replacement		
	□ Naloxone for emergency response		
	Make plans to manage ill residents		
	Plans, based on individual resident's risk and needs, are in place for:		
1.5	 Ensuring up-to-date contact information is available for family/legal guardians of residents 		
	 Medical care should they develop COVID-19 or other illness or if self-isolation is needed 		
	☐ Advanced care planning for severe illness		
	☐ Needs for services noted in <u>Section 1.4</u> above.		

Staff and Essential Visitors

2	Staff and essential visitors	Status C/IP/NA	Notes
2.1	Masking ☐ When not providing direct care or service, staff and visitors should wear a non-medical mask for source control at all times during their shift. • Except when eating (when they should stay 2 metres from others) or when alone in a private space. See Section 6 for additional information on personal protective equipment for staff members when providing direct care or service (e.g., feeding, bathing, washing, turning, changing clothing, toileting, wound care).		
2.2	 Only essential visitors are allowed into the facility. (See <u>Ministry of Health guidance</u>.) 		
2.3	Stay home if ill Staff and visitors know that they should stay home if ill, even if they only have mild symptoms. Staff should advise their manager of any illness that could be COVID-19. Essential visitors should advise their supervisor of any illness that could be COVID-19.		
2.4	Work at only one facility To prevent the spread of COVID-19 from another workplace, whenever possible: Staff should work at only one workplace site. Visitors should not visit other facilities if possible.		
2.5	 Tell a manager if there has been contact with COVID-19 □ Staff are told to inform their manager/supervisor, and essential visitors are told to inform their supervisor if they have been at another facility with COVID-19 cases or if they have been exposed to COVID-19. • The local public health unit can assist with recommendations for staff or visitors with possible exposures to COVID-19. 		

2	Staff a	nd essential visitors	Status C/IP/NA	Notes
2.6		Alternative sources of staffing have been determined in case they are needed during an outbreak.		
2.7		Up to date contact information for staff is available.		
2.8	Physic	Break times are staggered. Move furniture and use tape to mark the floor to help keep seating as far apart as possible (at least 2 metres apart). Discussions between two people take place only while at least 2 metres apart. Group meetings should not take place.		

Screening and Monitoring

3	_	nto the facility and screening and monitoring f, essential visitors and residents	Status C/IP/NA	Notes
3.1	Entry i	nto the facility and active screening g about symptoms) is a single entrance and those entering are asked about		
	A reco	rd of who is entering the facility is kept		
		For visitors, the date of their visit, who they are visiting and their contact information is recorded.		
3.2		For residents, record when they stay in the facility and what room they stay in.		
		Ensure that visitors and residents are notified of the reasons for collecting this information and that this information and information on illness that develops may be shared with the local public health unit if needed.		

3	Entry into the facility and screening and monitoring of staff, essential visitors and residents	Status C/IP/NA	Notes
3.3	Passive screening (signage) □ Signs are posted (including at the entrance) advising everyone to tell a staff member if they have symptoms of COVID-19. You can obtain COVID-19 signage from the Ministry of Health and/or your local public health unit. □ Signage is translated into languages appropriate for residents.		
3.4	 Checks for illness among residents who are staying in the facility are done at least twice daily. Where able, residents are advised to inform staff if they feel unwell. Staff and essential visitors are asked about symptoms at the start and end of their shift or visit. The added value of temperature checks as part of routine monitoring is unclear, and they could increase close contact when performed. If performed, they must be done safely with no-touch thermometers by a person using a surgical/procedure mask and eye protection (no-touch thermometers are preferred; thermometers placed in the mouth should not be used). 		
3.5	 A log is kept of ill residents, staff, or essential visitors and any test results that are available. 		
3.6	 Staff know to notify your local public health unit and any other appropriate agencies if: Anyone tests positive for COVID-19, or You are seeing more than the expected number of ill residents, staff or frequent visitors. 		

Resident Spaces

4	Resident spaces	Status C/IP/NA	Notes
4.1	Off-site locations ☐ Off-site locations have been identified for residents to stay to help with physical distancing or if residents are ill or there is an outbreak (e.g., hotels/motels, closed facilities, dormitories). ☐ Appropriate supports and services have been identified for residents who are placed off-site.		
4.2	Sleeping arrangement ☐ Ways to use existing space to help with physical distancing (keeping at least 2 metres apart) have been assessed including: • Use of curtains or other partitions • Arrangement of beds alternating head and feet • Avoiding use of bunk beds • Use of additional rooms in the facility for sleeping space.		
4.3	 Planning for how to group (cohort) residents should an outbreak be declared If feasible during an outbreak, residents may need to be grouped together according to whether they are COVID-19 positive or by their risk of exposure to someone who is COVID-19 positive (cohorting). Even within each group, most residents will need to stay as far apart as possible from each other, ideally in private room if these are available. Staff may need to be assigned to work with only one cohort during a shift. The following has been discussed with regard to planning for cohorting during an outbreak: 		
	 The way to group residents in the facility including for bathroom use and meals The way staff will be assigned to each group of residents The use of partitions and other approaches to keep residents separate if not in private rooms. 		

4	Resident spaces	Status C/IP/NA	Notes
	New admissions (including re-admissions) in long stay settings (anticipated to stay more than 14 days)		
	 New admissions are screened for <u>COVID-19 symptoms</u> over the phone, if possible. 		
	 New admissions are tested for COVID-19 prior to admission, if possible. 		
4.4	The facility has determined if results must be available prior to admission.		
	 Note: It is important not to delay admission if that will affect resident safety. 		
	 New admissions are separated (isolated) from existing residents and each other for 14 days, in a private room if possible. 		
	 Staff providing direct care to new admissions should wear a surgical/procedure mask, eye protection, gown and gloves. 		
	Separating those at increased risk		
4.5	 Provision of any private rooms to residents at increased risk of severe COVID-19 (e.g., older adults or those with underlying medical conditions) is considered. 		
	If private rooms are not available, consideration is given to separating those at increased risk (e.g., older adults) from other residents, such as those who come and go from the facility more often.		

Testing

5	Testing	Status C/IP/NA	Notes
F 1	Testing for new admissions in long stay settings (anticipated to stay more than 14 days)		
5.1	 As noted in <u>Section 4.4</u>, new admissions are tested for COVID-19 prior to admission, if possible. 		

5	Testing	Status C/IP/NA	Notes
	Plan for testing and care coordination		
	A plan is made for:		
	☐ How to test residents and staff if needed:		
5.2	 Consider on-site testing by health care providers, emergency medical services (EMS), outreach services or COVID-19 assessment centre staff. If on-site testing is planned, ensure personal protective equipment is available. 		
	 Consider off-site testing by health care providers, assessment centre or hospital (see Section 5.1 of the Outbreak checklist for information on 		
	transportation).		
	☐ How the facility will obtain test results		
	☐ How residents will be cared for (see <u>Section 1.5</u>)		

Personal Protective Equipment (PPE) and Source Control

6	Personal protective equipment (PPE) and masking to protect others (source control)	Status C/IP/NA	Notes
6.1	 Masking for staff and visitors □ When not providing direct care or service, all staff and visitors wear a non-medical mask at all times to protect others • Except when eating (when they should stay 2 metres from others) or when alone a private space. 		
6.2	 Masking for residents Residents are offered a non-medical mask for use if tolerated when they cannot maintain a 2 metre distance from others. Residents who come and go from the facility are encouraged to wear the non-medical mask when they may be near other residents or staff if tolerated. Children younger than 2 years of age should not wear a mask. 		

6	Personal protective equipment (PPE) and masking to protect others (source control)	Status C/IP/NA	Notes
6.3	Personal protective equipment for direct care or service (within 2 metres of a resident)		
	 Based on the type of care being provided and the resident's health status, <u>appropriate personal protective equipment</u> (which may include a surgical/procedure mask, eye protection, gown and gloves) are worn when providing direct care or service to a resident Direct care or service may include assistance with feeding, dressing, washing, bathing, shaving, toileting, turning, managing wounds etc. 		
	 N95 respirators are available if <u>aerosol-generating</u> medical procedures are routinely being performed on site (this is unlikely in most congregate living settings). 		
	Personal protective equipment supplies		
6.4	 A plan is in place to ensure an adequate supply of surgical/procedure masks and non-medical masks, eye protection (e.g., face shield), gowns and gloves. 		
	Training		
6.5	 Staff, volunteers, essential visitors and residents are trained on how to properly use non-medical masks and personal protective equipment as appropriate. 		
	Key resources include:		
	 How to <u>put on</u> and <u>take off</u> PPE videos <u>Putting on and taking off PPE poster</u> 		
	Non-medical masks and face coverings		
	 <u>Droplet and Contact Precautions in non-acute care</u> <u>facilities</u> 		

Infection Prevention and Control (IPAC)

7	Infection Prevention and Control (IPAC)		Notes
7.1	Education and training is provided and signs are posted about: Respiratory etiquette – coughing and sneezing into a tissue or into your elbow or sleeve, followed by cleaning your hands. Frequently cleaning your hands. Hands should be cleaned: Upon entering the facility Before and after touching surfaces or using common areas or equipment Before eating Before and after preparing food Before putting on and before and after taking off a mask Before touching the face (including before smoking) After using the bathroom When dirty. Physical distancing COVID-19 symptoms		
7.2	 Ensure adequate hand hygiene supplies There is access to adequate supplies of liquid hand soap, paper towels (or automatic hand dryers) and alcoholbased hand rub (60-90% alcohol). If there are concerns that residents may drink the alcohol-based hand rub, consider alcohol-based foam products, wipes or locked wall-mounted units, staff carrying the alcohol-based hand rub or temporary sinks for hand washing. There are tissues and no touch garbage cans available. 		

7	Infection Preve	ntion and Control (IPAC)	Status C/IP/NA	Notes
	Cleaning and di	sinfection		
	Frequenttwice da	tly touched surfaces are cleaned and disinfected ily.		
	products	iate cleaning products are used (usual cleaning sare generally appropriate) and the products on surfaces for the appropriate length of time time).		
	☐ Ensure a	dequate supplies are on hand.		
7.3		regular schedule for cleaning all surfaces that don the wall.		
		es' mattresses and living spaces are cleaned and ed between residents.		
	by each	equipment is cleaned and disinfected after use person (for electronic equipment, ensure that products will not damage the equipment).		
	☐ Shared iremoved	tems that are difficult to clean have been		
	A key resource	is <u>Cleaning and Disinfection for Public Settings.</u>		
	Laundry and be	dding		
7.4	touch ite Gowns c	re worn when handling dirty laundry if likely to ems contaminated with blood or body fluid. an be added if likely to contaminate your Handle laundry gently without shaking.		
	☐ Regular for laund	laundry soap and hot water (60°C-90°C) are used dering.		
		es have their own clean bedding and towels, e not shared.		
	~	and towels are washed on a regular schedule for s who stay in the facility.		
		ange bedding every one to two weeks ange bath towels after used about three times.		

7	Infection Prevention and Control (IPAC)		Status C/IP/NA	Notes
	Remind residents and sta (staying 2 metres apart)	ff of physical distancing		
7.5		f are reminded of the need to maintain at all times using verbal reminders and		
		to indicate where chairs and tables residents should stand to maintain		

Activities and Meals

8	Activities and meals		Status C/IP/NA	Notes
		areas and activities		
		Il activities that require close contact are discontinued, cluding group in-person meetings.		
		chedules for using common areas are staggered.		
8.1	ap	urniture is moved to support keeping 2 metre distance part and tape is used on the floor to indicate where urniture should stay.		
		ommon areas are cleaned and disinfected at least vice daily.		
		upport activities that can be done with physical stancing		
	ga	ccess to phones, computers, internet, television, video ames or other activities, if available, is supported in a ay that allows physical distancing.		
	□ Re	esidents are encouraged to clean their hands before and treater activities and using any equipment.		
8.2	ea	nared equipment is cleaned and disinfected after use by ach person (using products that are safe for electronic quipment).		
	□ If	phones are shared and cannot be appropriately sinfected between use, cover them with a new sposable plastic bag for each use.		
	□ Sh ca	nared items that cannot be cleaned such as puzzles, and plush toys have been removed. New items hould be used by only one resident.		

8	Activities and meals		Status C/IP/NA	Notes
	Bathro	ooms		
8.3		Schedules for using common bathrooms for hygiene (such as washing, bathing, showering, teeth brushing and shaving) are staggered.		
		Label personal hygiene equipment (e.g., toothbrushes, razors, combs) with the resident's name and do not leave these items or towels in common areas where they may be accidentally used by others.		
		Bathrooms are cleaned and disinfected at least twice daily and when dirty.		
	Meals			
		Meal times are staggered to support physical distancing. Clean and disinfect surfaces, such as table tops and the arm rests of chairs, between each meal time.		
		Use of kitchen for meal preparation are staggered. Kitchen is cleaned and disinfected between use as appropriate and at least twice daily and when dirty.		
		Space between people standing in lines is increased by marking floors with tape every 2 metres.		
8.4		Tables and chairs are as far apart as possible, at least 2 metres apart, and chairs are set up so that residents are not directly facing each other. Every other seat is blocked off or removed.		
		The floor is marked with the locations where the seats should stay.		
		Shared items like salt and pepper shakers, ketchup, mustard and food containers (e.g., water pitchers, coffee and cream dispensers) are removed. Single use items are provided.		

Communications

9	Communications	Status C/IP/NA	Notes
9.1	 Keep people informed □ A plan has been created to keep staff, visitors and residents and their families informed of steps being taken to prevent the spread of COVID-19 in the facility and they know how you will communicate with them during an outbreak. 		
9.2	 An outbreak communication plan has been developed A communication plan for an outbreak has been developed that includes the following: Identifies a potential media spokesperson Outlines who should be notified of an outbreak including: 		

Summary of Revisions

New material in this revision is highlighted in the table below.

Section	Revision	Implementation Date
1.3	Clarified composition of the planning team.	May 30, 2020
4.4	Added the personal protective equipment required for caring for residents in isolation.	May 30, 2020
6.3	Clarified the personal protective equipment required for direct care to residents.	May 30, 2020
7.4	Amended the recommendations for personal protective equipment for laundry when there are no cases of COVID-19 in the facility.	May 30, 2020
8.2	Additional suggestions added.	May 30, 2020
8.3	Additional suggestions added.	May 30, 2020

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